

UGPC APPROVAL _____
 UFS APPROVAL _____
 CATALOG _____

Graduate Programs—PROGRAM CHANGE REQUEST

DEPARTMENT: EXERCISE SCIENCE & HEALTH PROMOTION (ESHP)

COLLEGE: EDUCATION

PROGRAM NAME: EXERCISE SCIENCE & HEALTH PROMOTION; MS DEGREE IN HEALTH PROMOTION

EFFECTIVE DATE

(PROVIDE TERM/YEAR)

SUMMER 2014

PLEASE EXPLAIN THE REQUESTED CHANGE(S) AND OFFER RATIONALE BELOW AND/OR ATTACHED:

1. **REMOVAL OF EXISTING PREREQUISITES.** PREREQUISITES TO THE MS PROGRAM IN HEALTH PROMOTION ARE IMPAIRING ACCESSIBILITY TO POTENTIAL STUDENTS IN THE ESHP DEPARTMENT. THE LEADING PROGRAMS IN THIS FIELD AROUND THE COUNTRY DO NOT REQUIRE PREREQUISITES INTO THEIR MS HEALTH PROMOTION PROGRAMS (I.E., UNIVERSITY OF FLORIDA, UNIVERSITY OF ALABAMA, NORTHERN ARIZONA UNIVERSITY, CLEVELAND UNIVERSITY, ETC.).
2. **ONE ADDITIONAL REQUIRED COURSE:** HSC 6115 – EVALUATION OF HEALTH PROMOTION/EDUCATION (ALREADY IN CATALOG AND HAS BEEN TAUGHT IN THE PAST). THUS, THE MINIMUM REQUIRED CREDIT HOURS IN THE MS HEALTH PROMOTION PROGRAM WILL BE 36 CREDIT HOURS, RATHER THAN A MINIMUM OF 33 CREDIT HOURS.
3. **NAME CHANGE:** MS – HEALTH PROMOTION (RATHER THAN MS – EXERCISE SCIENCE AND HEALTH PROMOTION).
4. **NO COMPREHENSIVE EXAM:** STUDENTS WILL BE REQUIRED TO SHOW PROOF OF REGISTRATION FOR THE NATIONAL CHES EXAM BY THE FINAL SEMESTER OF THEIR PROGRAM.

ATTACHED: MS PROGRAM – HEALTH PROMOTION (CURRENT AND PROPOSED).

*THESE PROPOSED CHANGES TO THE MS PROGRAM IN HEALTH PROMOTION HAVE BEEN VOTED UPON AND APPROVED BY THE ESHP GRADUATE CURRICULUM COMMITTEE, AS WELL AS THE ESHP FACULTY.

Faculty contact, email and complete phone number:
Dr. Tina M. Penhollow, Associate Professor
 Email: tpenholl@fau.edu
 Phone: 561.297.2643

Consult and list departments that might be affected by the change and attach comments.
 The Health Promotion faculty in the ESHP Department reviewed the closest program of study at FAU (MS - Health Services Administration). Upon review of their program, the faculty did not deem a conflict of interest existed relative to the proposed program changes for ESHP.

Approved by:

Department Chair: Deena Louise Wener
 College Curriculum Chair: P.R. Pahr
 College Dean: Valerie J. Bustin
 UGPC Chair: _____
 Graduate College Dean: _____
 UFS President: _____
 Provost: _____

Date:

2/19/2014
4/9/14
4/11/14

Email this form and syllabus to UGPC@fau.edu one week before the University Graduate Programs Committee meeting so that materials may be viewed on the UGPC website prior to the meeting.

Name _____ Z# _____ Date of Birth _____
 Phone Number _____ FAU Email _____
 Address _____ City _____ State _____ Zip code _____

Note: This document is not a substitute for Form 6, but a worksheet to proceed through the program.
 Students should complete this sheet within the first or second semester of coursework with an ESHP advisor.

Worksheet-FAU ESHP Health Promotion Track:							
Check when completed	Course Title	Course No.	Credits	Grade	Substitute	Institution	Advisor/Grad Coord. Approval
Core Courses (all tracks): 9 hours							
	Educational Research	EDF 6480	3				
	Research and Evaluation	PET 6505	3				
	Statistical Methods	STA 6113	3				
Required Courses: 15 hours							
	Personal & Community Health	HSC 5203	3				
	Evaluation of Health Promotion/Ed	HSC 6115	3				
	Needs Assessment & Program Planning	HSC 6248	3				
	Epidemiological Basis of Health	HSC 6505	3				
	Health Behavior, Health Ed & Hlth Promo	HSC 6585	3				
Electives: 12 hours (non-thesis)							
<i>(required courses for other tracks maybe used for electives or the student may choose from the following.)</i>							
	Stress Management	HSC 4104	3				
	Weight Management	HSC 4139	3				
	Substance Abuse	HSC 4143	3				
	Health Promotion	HSC 4581	3				
	Teaching Health in the Elementary School	HSC 5315	3				
	Health Curriculum in Public Schools	HSC 5317	3				
	Adv. Sports Nutrition	HUN 6247	3				
	Nutrition in Health and Exercise	PET 3361	3				
	Exerc Test & Prescr for Special Pops	PET 4552	3				
	Obesity: Bio Psych & Cult Factors	PET 4930	3				
	Aging, Decision Making & Mobility	PET 5077	3				
	Comprehensive Concepts S&C	PET 5322	3				
	Exercise Sci. Lab Methods	PET 5389	3				
	Special Topics	PET 5930	3				
	Practical Applications	PET 5947	2 to 6				
	Functional Biomechanics	PET 6346	3				
	Adv. Exercise Physiology	PET 6355	4				
	Human Systems Physiology for ES	PET 6356	3				
	Entrepreneurship in Hlth/Fit	PET 6405	3				
	Direct Independent Study	PET 6905	3				
<i>(Others are approved by ESHP graduate committee)</i>							
Thesis Option: 6 hours		PET 6971	1 to 6				

Read the following information thoroughly.

- All students must complete core and required courses.
- Students electing the THESIS OPTION must complete a thesis (6 hours) and an additional 6 hours of course work.
- Thesis students must adhere to thesis deadlines. See ESHP graduate coordinator and thesis chair.
- Students electing the NON-THESIS OPTION must complete an additional 12 hours of elective course work.
- By the end of the final semester of the program, all students must provide the Graduate Coordinator with documentation which confirms the student has successfully passed the national CHES exam. Students who plan to graduate during the summer must sit for the April exam. Students must visit the National Commission on Health Education Credentialing website to determine dates, locations, and registration procedures for the CHES exam. Students are required to cover registration charges and any other costs related to the exam.
- Minimum program consists of 36 credit hours.

Other Comments:

Student _____
 Advisor _____
 Dept. Chair _____

Date _____
 Date _____
 Date _____

Name _____		Z# _____	Date of Birth _____				
Phone Number _____		FAU Email _____					
		Other Email _____					
Address _____		City _____	State _____	Zip code _____			
Note: This document is not a substitute for Form 6, but a worksheet to proceed through the program.							
Student should complete this sheet within the first or second semester of coursework with ESHP advisor.							
Worksheet-FAU ESHP Health Promotion Track:							
Check when completed	Course Title	Course No.	Credits	Grade	Substitute	Institution	Advisor/Grad Coord. Approval
Prerequisites:							
	General Psychology	PSY 1011	3				
	Social Statistics	STA 2022	3				
	Perspectives in Health and Wellness <u>or</u>	HSC 3102	3				
	Health Promotion <u>or above course</u>	HSC 4581	3				
	Exercise Physiology	PET 4351	3			Fall 12, APK 4110	
	Exercise Physiology Lab	PET 4351L	1			Fall 12, APK 4110L	
	Fitness Assessment & Exerc. Prescription	PET 4551	3				
	Anat & Phys I & 2 with Labs (optional)		4				
Core Courses (all tracks): 9 hours							
	Research and Evaluation	PET 6505C	3				
	Educational Research	EDF 6481	3				
	Educational Statistics	STA 6113	3				
Required Courses: 12 hours							
	Health Behavior, Health Ed & Hlth Promo	HSC 6585	3				
	Needs Assessment & Program Planning	HSC 6248	3				
	Epidemiological Basis of Health	HSC 6505	3				
	Personal & Community Health	HSC 5203	3				
Electives: 12 hours (non-thesis)							
(required courses for other tracks maybe used for electives or the student may choose from the following.)							
	Exercise Sci. Lab Methods	PET 5521	3				
	Adv. Exercise Physiology	PET 6355	4			Fall 12, APK 6111	
	Adv. Sports Nutrition	HUN 6247	3				
	Human Systems Physiology in ES	PET 6356	3				
	Aging, Decision Making & Mobility	PET 5077	3				
	Strength & Conditioning Program Design	PET 5391	3				
	Functional Biomechanics	PET 6346	3				
	Comprehensive Concepts S&C	PET 5389	3				
	Health Curriculum in Public Schools	HSC 5317	3				
	Teaching Health in the Elementary School	HSC 5315	3				
	Entrepreneurship in Hlth/Fit Industry	SPM 6116	3				
	Stress Management	HSC 4104	3				
	Weight Management	HSC 4139	3				
	Substance Abuse	HSC 4143	3				
	Nutrition in Health and Exercise	PET 3361	3				
	Exerc Test & Prescr for Special Pops	PET 4552	3				
	Special Topics	PET 5930	1 to 4				
	Practical Applications	PET 5947	1 to 3				
	Direct Independent Study	PET 6905	1 to 5				
(Others are approved by ESHP graduate committee)							
Thesis Option: 6 hours		PET 6971	1 to 6				
<u>Read the following information thoroughly.</u>							
1. Graduate students are required to have a current CPR certification.							
2. All students must complete all required common courses. Students must select one tract and complete all in that track.							
3. Students electing the THESIS OPTION must complete a thesis (6 hours).							
4. Thesis student must adhere to thesis deadlines. See ESHP graduate coordinator and thesis chair.							
5. Students electing the NON-THESIS OPTION must complete an additional 9 hours of course work.							
6. Non-thesis students must take and pass an exit exam based on core courses in their last semester.							
7. All students must turn in graduate application according to FAU calendar.							
8. Minimum program consists of 33 or 36 credit hours depending on thesis option.							
9. DIS's planned as part of the student's 33-36 credit hour minimum must be approved by the entire ESHP faculty.							
Other comments:							
Student _____				Date _____			
Advisor _____				Date _____			
Dept. Chair _____				Date _____			