Covey's Time Management Matrix

Ever feel like you can't balance your schedule? Efficient time management requires that you pay special attention to non-urgent, important tasks. In essence, you must plan ahead! Use this resource to create your own time management matrix to increase your efficiency and balance your time.

	Urgent	Not Urgent
Important	EVR 2017 test tomorrow - I'm not ready! Pressing problems and deadline-driven projects	Final paper due in 30 days Important, but yields no
Not Important	"Want to hang out now?" Often based on priorities and expectations of others	Mindless Netflix or scrolling on social media I need a break!



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Phone: (561) 297-0906 Email: CLASS@fau.edu Source: Stephen Covey, The 7 Habits of Highly Effective People: Powerful Lessons in Personal Change