

Ethan Exercise

312 Horton Way Boca Raton, FL 33431

(561) 555 - 8669

eexercise@fau.edu

EDUCATION

Bachelor of Science in Exercise Science and Health Promotion

Florida Atlantic University

GPA: 3.6/4.0

Expected May 20XX

Boca Raton, FL

RELEVANT COURSEWORK

Nutrition in Health and Exercise

Obesity: Biological, Psychological and Cultural Factors

Substance Abuse

Health Promotion

Stress Management

Perspectives in Health and Wellness

Fitness Assessment and Exercise Prescription

CERTIFICATIONS

CPR Certified, May 20XX

PROFESSIONAL EXPERIENCE

Nutritionist Intern

Boca Wellness and Nutrition Services

January 20XX – Present

Boca Raton, FL

- Administer nutrition assessments for clients under the supervision of a licensed dietician
- Provided basic nutrition counseling including suggested dietary restrictions and nutritional principles for healthier eating habits
- Present nutritional education material for groups of students aged 5 – 17
- Update client records regularly in order to accurately keep track of nutritional progress
- Arrange personalized dietary plans for clients to be approved by a licensed dietician

Activity Leader

Fort Lauderdale American Diabetes Association

May 20XX – July 20XX

Fort Lauderdale, FL

- Supervised and monitored camper health in collaboration with physicians, nurses, and dieticians
- Directed skill-building ventures for campers with diabetes with the goal of educating them on the management of diabetes within outdoor environments
- Responded to problems among camp members through conversation, mediation and team-building exercises

Spa Assistant

A Center for Alternative Medicine and Spa

June 20XX – March 20XX

Deerfield Beach, FL

- Ensured all operations complied with the health, safety, and hygiene standards of the business
- Updated inventory of spa products and ordered essential supplies as needed
- Managed guest questions and requests with a professional and courteous attitude
- Educated customers about the wellness services provided in order to cater to their specific needs

COMMUNITY INVOLVEMENT

Childcare Volunteer - *Atorkor Development Foundation*, Ghana

December 20XX

Kitchen Volunteer - *Boca Helping Hands*, Boca Raton, FL

May 20XX – Present



FAU CAREER CENTER

777 Glades Road, Boca Raton, FL 33431 | Student Support Services Bldg. SU-80, Suite 220
career@fau.edu | 561-297-3533 | fau.edu/career